International Ayurveda Congress

Ayurveda – The Pursuit of Health, Happiness and Long Life Through Prevention-Oriented Health Care

Time-Tested, Scientifically Verified Solutions For the Health Problems of Our Time

1 – 2 April 2017, London

www.InternationalAyurvedaCongress.com

Organizers

All India Ayurvedic Congress (AIAC)
New Delhi, India
www.ayurvediccongress.com

International Maharishi AyurVeda Foundation (IMAVF)
Vlodrop, The Netherlands
www.imavf.org

International Academy of Ayurveda (IAA)
Pune, India
www.ayurved-int.com

Photograph from the First International Ayurveda Congress, April 2015, The Netherlands

Patron of the Congress

Tony Nader, MD, PhD

Dr. Nader received his M.D. degree from the American University of Beirut. His Ph.D. is in the area of Brain and Cognitive Science from the Massachusetts Institute of Technology (MIT), and he completed post-doctoral work as a Clinical and Research Fellow in Neurology at the Massachusetts General Hospital, Harvard Medical School.

Second International Ayurveda Congress

All India Ayurvedic Congress, New Delhi; International Academy of Ayurved, Pune and International Maharishi AyurVeda Foundation, The Netherlands extend a warm invitation to all health professionals, Ayurvedic scholars, and researchers from India and around the world to participate at this Second International Ayurveda Congress to be held in London.

Internationally renowned scholars will be keynote speakers at the Congress and will present scientifically verified solutions to showcase the effectiveness of Ayurveda towards fulfilling the human pursuit of health, happiness and long life.

The International Ayurveda Congress offers a prestigious platform for research scholars to present their findings in various fields of Ayurveda. The latest innovative and pioneering work will be presented in this Congress.

Presidents of the Congress

The presidents of this International Ayurveda Congress are: the President of All India Ayurvedic Congress, Padma Bhushan Vaidya Shri Devendra Triguna; the Chairman of the International Academy of Ayurved, Pune, Professor Shri Subhash Ranade, who is a leading academician and the author of 127 books on Ayurveda and Yoga; and Dr. Rainer Picha, who is a senior consultant in cardiology from Austria and Chairman of the International Maharishi AyurVeda Foundation.

Padma Bhushan Vaidya Shri Devendra Triguna, India

President of All India Ayurvedic Congress and a recipient of Government of India's civilian awards 'Padma Shri' and 'Padma Bhushan' for distinguished service of a high order for his contribution in the field of Ayurveda.

Prof. Dr. Subhash Ranade, India

One of the foremost experts on Ayurveda. He is a leading academician and physician in the field of Ayurveda. Chairman International Academy of Ayurved, Pune, India.

Dr. med. Rainer Picha, Austria – Rainer Picha, MD, is a senior consultant in cardiology from Austria. In 1996 he shifted his focus from a full-time position as Assistant Director at the Department of Cardiology of the State Hospital in Graz, Austria, to become a researcher at Maharishi Vedic University in Vlodrop.

'Veda is pure knowledge, pure knowledge pertaining to life: AyurVeda, pure knowledge pertaining to life, pure knowledge pertaining to life. Life having two aspects of it: unmanifest and manifest, AyurVeda, the pure knowledge aspect of life connects the unmanifest and manifest value of life, makes the manifest blossom in its full potential.'

—Maharishi, Maharishi University of Management, Fairfield, Iowa, USA, 29 December 1979

Photograph from the First International Ayurveda Congress, April 2015, The Netherlands

The Congress

This Congress is one of the largest Ayurveda congresses in Europe, with participation from leading experts from India, Europe and USA.

During our first International Ayurveda Congress, held in The Netherlands on 11th and 12th April 2015, five hundred delegates, including eighty Ayurvedic experts from India, participated in the Congress. Following on the success of the 2015 event, we are again expecting an international gathering of over 500 experts in the field.

This conference is the joint effort of three organizations: the International Maharishi AyurVeda Foundation, from The Netherlands; the All India Ayurvedic Congress, New Delhi; and the International Academy of Ayurved, Pune.

This Congress has its foundation in Maharishi Mahesh Yogi's World Plan for Perfect Health through the principles and practice of Ayurvedic Science. This conference also took inspiration from Prime Minister Shri Narendra Modi's encouragement of Ayurvedic experts and academicians in India and worldwide to spread the highest quality of Ayurvedic knowledge, practice and products worldwide. Prime Minister Modi's continued support for strengthening and including Ayurveda in the ties of India with other countries has been appreciated by all.

Among the goals of these Congresses is to bring to light Ayurveda as a prevention-oriented perfect health care system for the world, a system that is authentic and reliable. This will strengthen the reputation of India in Europe and the world through the implementation of traditional time-tested Vedic knowledge, products and practice.

Since Ayurveda is prevention-oriented, as well as holistic and curative, it is capable of leading the world towards creating an increasingly disease-free society. It has the potential to make a huge contribution to the health care systems in Europe and the world. Since Ayurveda is cost effective and easy to implement, it is capable of bringing about self-sufficiency in health care in every nation.

Programme

Saturday 1 April:

Morning – *Plenary Session:* Inauguration and opening ceremony with Guests of honour and prominent speakers

Afternoon – *Parallel Sessions:*
1. Brain Health
2. Cardiovascular disorders
3. Youthfulness and Longevity; Genetics and Epigenetics

***Plenary Session:* Prominent speakers, Panel discussion and Q&A, Felicitations**

Evening – Cultural Event – after dinner – MERU Concert – Finest of Indian Classical Musicians

Sunday 2 April:

Morning – *Plenary Session:* Opening remarks, prominent speakers

Afternoon – *Parallel Sessions:*
1. Skin Health
2. Women's Health
3. Nutrition and Digestion; Lifestyle

***Plenary Session:* Panel discussion and Q&A; Felicitations; Summary and concluding remarks**

Evening – after dinner: Thames River Evening Cruise

Congress Extension for Indian Vaidyas: 4–8 April

For Vaidyas who would like to go deeper into the knowledge, this extension is offered with seminars on the different modalities of Maharishi AyurVeda including pulse diagnosis, aroma therapy and instruction in the Transcendental Meditation technique. The extension will have a stay at a wonderful countryside Maharishi Peace Palace in Rendlesham, Suffolk and will have more sightseeing tours as well.

Fees:

Total package for London Congress plus extension at Maharishi Peace Palace in Rendlesham
(March 31 – April 8):

- All-inclusive in double room accommodation: **£ 850.-** per person
- All-inclusive in single room accommodation: **£ 1200.-** per person
- All-inclusive with Congress participation without accommodation in London but Congress extension in Rendlesham in double room accommodation: **£ 650.-**

Venue for Congress and Accommodation:

Hotel Novotel London West
1 Shortlands
Hammersmith International Centre, Hammersmith
W6 8DR LONDON – UK

Congress Fee

The prices stated below are 'early bird rates', which are valid until 30 November 2016. Bookings and payments after this date will be processed with the standard rates, which are about 15% higher.

Special package for Vaidyas from India, Nepal, Pakistan, Bangladesh

£ 500.- Including double room accommodation with breakfast (3 nights stay – arrival 31 March – departure 3 April) at London West Novotel Hotel, vegetarian meals, Congress fee, Indian classical music concert on Saturday evening, sightseeing tours on Sunday, 2 April, Thames River Evening Cruise; and Monday, 3 April, London sightseeing bus day-tour.

£ 700.- Participation in all above events with single room accommodation (three nights).

£ 300.- Congress participation without hotel accommodation but with meals and including all other programmes as above.

For medical doctors, health practitioners, and Congress participants from all other countries:

£ 395.- (Congress Fee without accommodation, 1–2 April): The Congress fee includes participation in all events of 1 and 2 April, including vegetarian meals, Indian classical music concert on Saturday evening, 1 April, and Thames River Evening Cruise on Sunday evening, 2 April.

£ 445.- includes all the above plus Monday's London sightseeing bus day-tour.

Accommodation at the venue, Hotel Novotel London West:

Single room hotel accommodation per night including breakfast **£ 135.-**

Shared room hotel accommodation per night including breakfast **£ 72.50** per person.

For affiliated Ayurveda practitioners organizations and medical students:

£ 285.- (Congress fee without accommodation)

More information and registration at:

www.InternationalAyurvedaCongress.com

Prof Dr. Gunvant Yeola Director, International Academy of Ayurved, Pune
Email: gunvantayurved@gmail.com • What's app 09028321955

Main Speakers and Themes:

Tony Nader, MD, PhD, MARR

Consciousness – The Foundation of Health, Happiness, and Long Life – Ph.D. in Brain and Cognitive Science, Massachusetts Institute of Technology (MIT); post-doctoral work as a Clinical and Research Fellow in Neurology at the Massachusetts General Hospital, Harvard Medical School.

Padmabhushan Vaidya Devendra Triguna, India

President of All India Ayurvedic Congress and recipient of "Padma Shree" & "Padma Bhushan" award for his contribution to Ayurveda.

Prof. Padma Bhushan Shri B. M. Hegde, India

How might Ayurveda help modern medicine to make sickness care reasonable? – **MD, PhD, FRCP (Lond, Edin, Glasg, & Dublin), FACC, FAMS. Padma Bhushan Awardee 2010; Cardiologist & Former Vice Chancellor, Manipal University.**

Padma Shri Ram Harsh Singh, India

Shifting Paradigms of Ayurvedic Education in Global Perspective – **Distinguished Professor, Banaras Hindu University (BHU), Formerly Professor-Head & Dean, Faculty of Ayurveda, BHU and Vice Chancellor, Rajasthan Ayurved University, Jodhpur.**

Ashtavaidya E. T. Divakaran Mooss, India

Chairman and Chief Physician at Ashtavaidyan Thaikkattu Mooss, Aatma Ayurvedic Hospital, Thrissur,Kerala,India, Chief Consulting Physician at Keraleeya Ayurveda samajam Shoranur, and at PNNM Ayurveda Medicial College.

Prof. Gunvant Yeola, M.D. (Ayu), Ph.D (Kayachikitsa)

Ayurved for cognition and behavioural disorders.

Professor and Head, Department of Kayachikitsa, Dr. D. Y. Patil College of Ayurved and Research Center, Pune, Director - International Academy of Ayurved (IAA).

Professor Gerard Bodeker, UK

Ayurvedic dietary approaches in combatting NCD's

Chair Global Initiative For Traditional Systems (GIFTS) of Health, Oxford, Green Templeton College, University of Oxford, UK, Dept. of Epidemiology, Columbia University, New York.

Dr. Keith Wallace, USA

Microbiom and Ayurveda

Founding President, Trustee, Maharishi University of Management, Co-Dean College of Perfect Health, Professor and Chairman, Department of Physiology and Health, and author of three books.

John Fagan, Ph.D. Cornell Univ., USA

International Director for Food Purity, Safety and Security, Professor of Molecular Biology, Maharishi University of Management, USA. Exec. Dir. Earth Open Source, USA & EU.

Robert H. Schneider, M.D., F.A.C.C., USA

Holistic Approach to Mind-Body Anti-Aging: Based on Maharishi AyurVeda

Director, Institute for Natural Medicine and Prevention Dean, Maharishi College of Perfect Health Maharishi University of Management, USA.

Dr. med. Rainer Picha, Austria

A Disease-Free Society—Is it Possible?

Rainer Picha, MD, senior consultant in cardiology from Austria; former Assistant Director, Department of Cardiology of the State Hospital in Graz, Austria; researcher at Maharishi Vedic University in Vlodrop, Netherlands, 1996.

Prof. Dr. Subhash Ranade, India

Ayurveda Propagation Worldwide – One of the foremost experts on Ayurveda. He is leading academician and physician in the field of Ayurveda. Chairman International Academy of Ayurved, Pune, India.

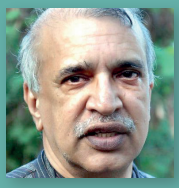
Dr. med. Walter Mölk, Austria

Maharishi AyurVeda, the Basis for Integrative Medicine

Director International College of Perfect Health, The Netherlands; founder Austrian Society of AyurVedic Medicine (1986).

Vd. Shri Sanjiv Oza, India

Vice Chancellor, Gujarat Ayurved University, Jamnagar, India.



Prof. Anant Darshan Shankar, India

Structure and logic underlying the Ayurvedic knowledge system

Vice-Chancellor, TransDisciplinary University (TDU), Bangalore.

Asmita Wele, M.D. (Ayurveda pharmacology), India

Ayurveda Bio-Inorganicals: Promising New Genre of Medicine

Ayurveda Chair Debrecen, Hungary;

Professor at Bharati Vidyapeeth Deemed University, College of Ayurveda, Pune.

Dr Bhushan Patwardhan, PhD, FAMS, India

Integrative Approaches For The Future: Ayurveda, Genomics and Epigenetics

Professor, Interdisciplinary School of Health Sciences and Director, Center for Integrative and Complementary Health Savitribai Phule Pune University.

Dr. Josue Rugue, Brazil

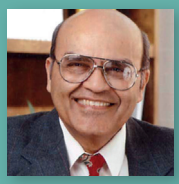
Neurological disorders and Panchakarma

Graduate in Medicine, postgraduate in intensive care, President of Kalayasa Ayurveda School and Ayurvedic Clinics in many countries.

Vaidyaraj Sunil B. Patil, India

Ideal Panchakarma Center, Charaka's view

Founder and president of Vanoushadhi Vidhyapeeth, Kolhapur, India. Editor of Vanoushadhi Magazine and author of eight books on Ayurveda. Received numerous national and international awards.



Hari Sharma, MD, DABIHM, FACN, DABP, FCAP, FRCPC

Ayurveda – How Purusha (Consciousness) and Prakriti (Nature) Manage Cellular Physiology

Professor Emeritus, former Director Cancer Prevention and Natural Products Research, Ohio State University, published over 150 research papers, written five books, lectured worldwide at medical institutions and conferences.

Main Speakers and Themes:

Ranjit Anand Puranik, India
"QUALITY FIRST PROGRAMME: Implementing universally acceptable protocols in Quality Assurance
Executive Director and CEO of Shree Dhootapapeshwar Ltd., Mumbai, Advisor, Herbal and AYUSH Panel at PHARMEXCI .

Mark Rosenberg, Germany
The Future of Ayurveda Education in Europe
Managing Director, European Academy for Ayurveda, Germany, Austria and Switzerland. Board of Directors, International Ayurveda Foundation, President VEAT, Int.Working Group "Ayurveda Education", AYUSH

Anil Patil, M.B.B.S., M.D. (BOM), India
The Futuristic Medicine,Sanyukta Upchar Padhati
Founder, Vedicure Wellness Pvt Ltd., wellness clinic aimed at treatment of individuals by adopting Sanyukta Upchar Paddhatir – Integrated Therapy.

Ashtavaidyan A N Narayanan Nambi MD(Ay), India
Management of Hypothyroidism in Ayurveda
Ayurvedic teacher, clinician, and researcher.
Director Academic Division of SNA Oushadhasala Pvt. Ltd.Faculty member of Ayurvedic Point, Italy; European Academy of Ayurveda, Germany.

Dr. Vijay Murthy, UK
Healing Intentionality & Transferring Intentionality in consciousness based practice of Ayurveda in the management of Cancer – Dr. Vijay Murthy B.Nat (NZ), M. Surgery (Ayu), B. Ayu Med & Surgery (IN), MPH (NZ), PhD., UK. Ayurvedic physician, Director Ayuwave Ltd.

Dr. phil. Karin Pirc, Germany
Treating Diabetes II with Maharishi Ayurveda
Medical Director Maharishi AyurVeda Health Centre Bad Ems. She was honoured the "Global Hakim Ajmal Khan Award" as "Best Ayurvedic Physician 2006" and the "International Lifetime Achievement Award" in 2013. Author of eight books on Ayurveda.

Anand Shrivastava, India

Chairman 'Maharishi Ayurveda Products' is engaged in Maharishi´s envisioned Mission of Re-enlivening Ayurveda by Synergizing with Modern Science, Quality Management Systems & Technologies.

Supaya Wenuganen, PhD, Indonesia
Can Transcendental Meditation Increase Ojas and Reprogram our Genome and Gene Expression for Longevity? – Veda Vyasa award, outstanding research PhD graduate. Former Vice Dean for the Faculty of Techno-biology, Atma Jaya University, Jakarta, Indonesia.

Dr. Gaurang Joshi, B.A.M.S, India
Frontiers of Medicine in Ayurveda Dermatology (Psoriasis) – Director Atharva Multispecialty Ayurveda Hospital, Rajkot, President International Psoriasis Foundation, Chairman Atharva Life Science Academic and Research Foundation.

Dr. Donn Brennan MB BCh BAO, MRCGP, MScAyu, MSCI, Ireland
Can Ayurveda save the NHS? – Founding President of the Ayurveda Practitioners Association in the UK. He is the Medical Director of the Maharishi Ayurveda Health Centre, Skelmersdale, UK.

Dr. Med. Oliver Werner, Switzerland
Regulatory challenges facing Ayurvedic products
Director, Maharishi AyurVeda Products, Europe BV, The Netherlands.

Dr. med. Christian Kessler, M.A., Germany
Comparative effectiveness of Ayurveda and conventional care in knee osteoarthritis – a randomized controlled trial – Research Coordinator, Immanuel Hospital Berlin, Charité University Medical Center, Berlin, Germany.

Dr. Rohit Sane, India
Hridroga and Ayurved Management.
Founder of Madhavbaug, multidisciplinary cardiac care centres and hospitals, researcher Heart Failure Reversal Therapy (Sampurna Hridaya Shuddhikaran).

Palitha Serasinghe, D.A.M.S., PGCert HE, PhD – Medicine & Pharmacology, FAMA, MIBiol, MAPA
Recent Advances of Research on Rasayana Herbs
Former Lecturer & Director Institute Indigenous Medicine Colombo (SL). Visiting Academic Research Commonwealth Fellow, Kings College London, Lecturer & Assistant Director, College of Ayurveda (UK)

Renee Mann, UK

President, Ayurveda Practitioners Association (APA), UK, Representative of European Herbal & Traditional Medicine Practitioners Association (EHTPA).

Dr Indira Anand, B.A. Hons Econ, B.T., M.A. Econ, Ph.D, B.A. Hons Ayurvedic Medicine
Combining therapeutic Yoga with Ayurvedic treatment
Chair: British Association of Accredited Ayurvedic Practitioners, Member NHS Register of Complementary Therapists, Chair: Sahara means Support (Reg Charity), Chair: SmS India Foundation.

Dr. Sunanda Ranade, India
Concept of immunisation in Ayurveda
Ayurvedic gynaecologist and nutritionist. Since the past 40 years she is the Vice Chairman of International Academy of Ayurved, Pune, India and is working in the field of Ayurveda and Yoga.

Dr. med. Wolfgang Schachinger, Austria
Ama Pachana, research on heart rate variabilty
President European Ayurveda Medical Association (EURAMA), Board German Ayurveda Association, Medical Director Maharishi AyurVeda Health Centre, Ried, Austria

Robert Verkerk, BSc MSc DIC PhD FACN

Founder, executive and scientific director, Alliance for Natural Health International and scientific director, Alliance for Natural Health USA (2002). An Internationally acclaimed scientist with over 30 years experience in sustainability, specifically in agriculture, food production and healthcare. He has Masters and Doctorate degrees from Imperial College London.

Dr. phil. Malte Hozzel, Germany
Use of essential oils as anti-microbial allies
Founder of AYUS GmbH – Oshadhi GmbH / Germany – Ayus Tunisia, Founder of Orto de Prouvènço, Aromatherapy training Center High Provence, France.